

DEPARTMENT OF PHYSICAL EDUCATION 2018-19

The department of physical education organised the following events in the academic year 2018-19.

1. Calicut university intercollegiate inter zone men and women Soft Tennis championship
2. Calicut university intercollegiate inter zone men Tennis Championship
3. Kerala state Men and Women Soft Tennis championship
4. Malappuram District Tennis championship 2018-19
5. Malappuram District Schools Tennis championship 2018-19
6. Malappuram District Soft Tennis championship 2018-19
7. Summer vacation Football, Tennis and Athletics Coaching camps for local students

TOURNAMENTS AND CHAMPIONSHIPS

1. Tennis team (men) won the Winners Trophy in the Calicut university Tennis Championship held under the auspices of the Department of Physical Education. PSMO College at Peevees Public School Nilambur.
2. Soft Tennis team (men) won the Winners trophy in the Calicut University Tennis championship held at PSMO College.
3. Women Football team won the second runners trophy in the Calicut University women football championship held at St. Joseph College, Irijalakuda.
4. Women Soft Tennis team won the second runners trophy in the Calicut University women Soft Tennis championship held at PSMO College
5. Women Hand Ball team won the second runners trophy in the Calicut University Women Hand Ball Championship held at Sahrthaya College, Kodakara.
6. Athletic team (Men) won the runners trophy in the Malappuram district under 20 athletic championship held at Calicut university stadium.
7. Shuttle Badminton team (men) team has won the second Runner up trophy in the Calicut university B zone shuttle Badminton championship held at Priyadarshini Indoor Stadium, Malappuram.



Ajmal K P, III BA English, won the gold medal in the All India Inter University Athletic meet in 4X100 M Relay held at Moodabadri University by representing Calicut university



Nimisha MT (II BA English) represented senior Kerala in Soft Tennis and took part Senior National women Soft Tennis championship held at Lucknow, Uttar Pradesh



Dona Agnus James (II BSc Chemistry) represented senior Kerala in Soft Tennis and took part Senior National women Soft Tennis championship held at Lucknow, Uttar Pradesh



Jijna P C, II BBA represented junior Kerala in Handball and took part in National Handball Championship held at Karnataka.



Salmanul Fahiz N, III Bsc Physics, represented Calicut university in Soft Tennis and took part All India Men Soft Tennis Championship held at KIIT University Bhubaneswar, Odisha



Adil Muhammed P T, I BA (English) represented Calicut University in Soft Tennis and took part All India Men Soft Tennis Championship held at KIIT University Bhubaneswar, Odisha.



Mohammed Arshaq Mangalam, I BSc (Chemistry) won a bronze medal in 100 m race in the Regional Reliance Athletic Meet held at Calicut University Stadium.



Shrikanth L Sudhakaran, I BSc Maths won a bronze medal in the Calicut University Taekwondo Championship held at Calicut University under 68 category



Shanu Jishal, I BBA, won a bronze medal in 400 m race in the Regional Reliance Athletic Meet held at Calicut University Stadium

8. Softball men team won the Runner up trophy in the Malappuram District Softball championship held at BEM HS ground, Parappanangadi.

9. Men Cricket team entered in Quarter final of the Calicut

University B Zone Cricket championship, after winning 4 matches in succession. The Tournament was held at Gems college, Ramapuram.

10. Men and women tennis teams won the championship in

the Malappuram District Tennis Championship for the 16 years in succession.

11. Men and women Soft Tennis teams won the winner's Trophy in the Malappuram District Tennis Championship

INDIVIDUAL PERFORMANCE AND REPRESENTATIONS

Mr. Ajmal K.P, III BA Eng, represented Calicut University and won the gold medal in the All India Inter University Athletic meet in 4×100 M Relay held at Moodabadri University.

Mr Said Shihabudheen O, II MA History, won the gold medal in the Kerala state and Calicut university power lifting championship in heavy weight category and won the Bronze medal in the Calicut University athletic meet in shot put. He has represented Kerala in the shot put event and took part in the Reliance National Athletic meet held at Delhi.

Ms. Jijna P.C, II BBA, represented Junior Kerala in Handball and took part in National Handball Championship held at Karnataka.

Ms. Anagha P.K, II BCom represented Calicut University in football and took part in the South Zone and All India inter university football championships held at Annamalai University, Tamil Nadu and Jiwaji University Gwalior, M P respectively

Ms. Nayana C.M, II BA Eng, represented Calicut University in Handball and took part in the South zone and All India inter university Handball championship held at Kakkathiya University Andra Pradesh and Punjabi University, Punjab respectively.

Ms. Shivani U.V, II BCom, represented Calicut University in Soft Tennis.

Mr. Nibras M III BBA, Mr. Shamil T.C III. BSc Maths, Abdul Basith P.C, II BSc Math and Adil Muhammed P.T, I

BA Eng, represented Calicut University in Lawn Tennis and took part in South Zone Men Tennis Championship held at SRM University, Chennai. Mr. Nibras M, was the captain of the University Team.

Mr. Salmanul Fahiz N, III BSc Physics, Nibras M III BBA, Shamil T.C, III BSc Maths, Abdul Basith P.C, II BSc Maths and Adil Muhammed P.T.I BA, English represented Calicut University in Soft Tennis and took part All India Men Soft Tennis Championship held at KIIT University Bhubaneswar, Odisha. Mr. Nibras M was the captain of the university team.

Shivani U.V, II BCom, Nimisha M.T, II BA, English and Dona Agnus James, II BSc, Chemistry represented senior Kerala in Soft Tennis and took part Senior National Women Soft Tennis Championship held at Lucknow, Uttar Pradesh.

Mr. Shrikanth L Sudhakaran 1st BSc Maths, won a bronze medal in the Calicut University Taekwondo championship held at Calicut University under 68 category

11. The college athletes won 4 gold medals, 6 silver medals and 3 bronze medals in the Malappuram District Athletic Championship held at Calicut University Stadium.

12. Mr. Shanu Jishal, I BBA won a bronze medal in 400 m race in the Regional Reliance Athletic Meet held at Calicut University Stadium.

13 Mr. Mohammed Arshaq Mangalam, I BSc, Chemistry won a bronze medal in 100 m race in the regional Reliance Athletic Meet held at Calicut University Stadium.



Abdul Basith P C, II BSc, Maths represented Calicut university in Soft Tennis and took part in All India Inter University Championship held at Bhubaneswar



Shamil T C, III BSc, Maths, represented Calicut university in Soft Tennis and took part in All India Inter University Championship held at Bhubaneswar



Nibras M, III BBA represented Calicut university in Lawn Tennis and took part in South Zone Men Tennis Championship held at SRM University, Chennai. Mr. Nibras M was the captain of the University team.



Nayana C M, II BA English, represented Calicut University in Handball and took part in the South Zone and All India Inter University Handball Championship held at Kakkathiya University Andra Pradesh and Punjab



Anagha P K, II BCom, represented Calicut University in football and took part in the South Zone and All India Inter University Football Championships held at Annamalai University, Tamil Nadu



Shivani U V, II BCom, represented senior Kerala in Soft Tennis and took part Senior National Women Soft Tennis Championship held at Lucknow, Uttar Pradesh. She represented Calicut University in Soft Tennis Team



Soft Tennis Team (men) which won the Winners Trophy in the Calicut University Tennis Championship held at PSMO College, Tirurangadi



Said Shihabudheen O, II MA (History) won the gold medal in the Kerala State and Calicut University Power Lifting championship in heavy weight category and also won the bronze medal in the Calicut University Athletics.



Shuttle badminton team (men) which won the second runner up trophy in the Calicut University B Zone Shuttle Badminton Championship held at Priyadarshini Indoor Stadium, Malappuram



Women football team which won the second runners up trophy in the Calicut University Women Football Championship held at St. Joseph College, Irijalakuda and in All India Sevens Tournament held at Wandoor.



Soft Tennis team which won the second runner up trophy in the Calicut University Women Soft Tennis Championship held at PSMO College



Tennis team (men) which won the Winners trophy in the Calicut University Tennis Championship held at Peev's Public School Nilambur under the auspices of the Department of Physical Education, PSMO College Tiruragadi.



Women Hand Ball team which won the second runners trophy in the Calicut University Women Hand Ball Championship held at Sahrthaya College, Kodakara



Tennis team (men) which won the Winners Trophy in the Calicut University Soft Tennis Championship held at PSMO College Tiruragadi.



Teachers football team 2018-19



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