

DEPARTMENT OF PHYSICAL EDUCATION 2019-20

SPORTS&GAMES

During the academic year 2019-20, the Department of Physical Education brought many laurels to the College. Some important achievements are listed below. The college won:

1. Calicut university intercollegiate inter zone men Soft tennis championship
2. Calicut university intercollegiate inter zone women Soft tennis championship
3. Malappuram District Schools Tennis championship 2019-20
4. Malappuram District Soft Tennis championship 2019-20

TOURNAMENTS AND CHAMPIONSHIPS WON.

1. Tennis men team won the trophy in the Calicut university Tennis championship held at Christ College, Irijalakuda.



2. Soft Tennis men team won the trophy in the Calicut university Soft Tennis championship held at PSMO College, Tiruragadi.



3. Men Softball team won the second runners trophy in the Calicut university men Softball championship held at Farook College, feroke



4. Men Baseball team won the second runners trophy in the Calicut university men Baseball championship held at EMEA college Kundotty



5. Men athletic team won the runners trophy in the Malappuram district under 20 athletic championships held at Calicut university stadium.



6. Shuttle Badminton men team won the second Runner up trophy in the Calicut university B zone shuttle Badminton championship held at Veniyur Indoor Stadium Veniyur under the auspices of PMST College Kundoor



7. Volleyball men team won the second Runner up trophy in the Calicut university B zone shuttle Badminton championship held at Blossom college Kondotty.



8. Men and women Tennis team won the championship in the Malappuram District Tennis Championship
9. Softball men team won the Runner up trophy in the Malappuram District Softball championship held at Parappanangadi BEM ground.

10. Men and women Soft Tennis team won the championship in the Malappuram District Tennis Championship



Jb. MK Bava Sahib, Chairman, College Managing Committee presenting trophy to winners (PSMO College) of Calicut University Inter-Collegiate Soft Tennis Championship



Participants of Soft Tennis (Women) with organisers of the championship

YOGA CENTRE

Under the Physical Education Dept. the college started a Yoga centre for students. The centre was inaugurated by Mr. M Haroon, Former Principal, Yoga trainer on 20 November 2019. Yoga centre offered three classes in a week. Abdul Jabar, Yoga trainer, led the classes. Sixty students enrolled for the yoga course.



INDIVIDUAL PERFORMANCE AND VARIOUS REPRESENTATIONS

- Jithya EP, III BA English, represented junior Kerala in Handball and took part in National Handball championship held at Ghaziabad, UP.
- Salmanul Fahiz N, III BSc Physics, Shamil T C III BSc Maths, Abdul Basith PC, III BSc Mathematics and Murshid A, III BSc Chemistry represented Calicut university in Soft Tennis and took part All India men Soft Tennis championship held at KIIT university Bhubaneswar, Odisha
- Abdul Basith PC, III BSc (math) and Salmanul Fahiz N, III BSc Physics represented Calicut university in Lawn Tennis
- Nikhil K, III BA History and Aswin K, III BCom represented Calicut university in Softball.
- Abith K, III BA History, Nikhil K, III BA History and Jithin Mohan CM, III BSc Mathematics represented Calicut university in Baseball.
- Mohamed Arshad TT, 1 BBA won Bronze medals in Decathlon and Javelin throw in the Calicut university Athletic championship held at Calicut University Stadium.



Jithya E P
III BA English
represented junior Kerala in Handball and took part in National Handball championship held at Ghaziabad UP



Abdul Basith P C
III BSc Mathematics
represented Calicut university in Lawn Tennis and Soft tennis. Calicut University Soft tennis, Lawn Tennis Individual champion



Mohamed Arshad T T
1st BBA
won Bronze medals in Decathlon and Javelin throw in the Calicut university Athletic championship held at Calicut University Stadium



Aswin K
III BCom
represented Calicut university in Softball



Shamil T
III BSc Mathematics
represented Calicut university in Soft tennis



Salmanul Fahiz N
III BSc Physics
represented Calicut university in Lawn Tennis and soft tennis



Nikhil K
III BA History
represented Calicut university in Softball and Baseball



Jithin Mohan CM
III BSc Mathematics
represented Calicut university in Baseball.



Abith K
III BA History represented Calicut university in Baseball