

# DEPARTMENT OF PHYSICAL EDUCATION 2020-21

During the academic year 2020-21, the activities of the Department of Physical Education were adversely affected due to the COVID-19 pandemic and subsequent imposition of lock down in Kerala. As the college functioned partially for a few days, the activities could be organised at College level only. But during the period from January, '21 to March '21, only a few activities were organised at University and District level, in which only some students could represent the College. Some important achievements are listed below.

## TOURNAMENTS AND CHAMPIONSHIPS WON



Soft Tennis (men) team has won the Runners up trophy in the Calicut university Tennis championship held at Christ College Irijalakkuda.



Men athletic team has won the Second runners trophy in the Calicut university athletic championship held at Calicut university stadium.



Tennis (men) team has won the Runners up trophy in the Calicut university Tennis championship held at Christ College Irijalakkuda



Soft base ball (men) team bagged second runners up trophy in the Calicut University Inter Collegiate championship held at Calicut university stadium.



Volleyball (men) team has won the Runner up trophy in the Calicut university B zone volleyball championship held at EKC College, Manjeri. The team entered in to the quarter final in the Calicut University Intercollegiate Championship held at EMEA Kondotty.

# INDIVIDUAL PERFORMANCE AND VARIOUS REPRESENTATIONS



Mohamed Irshad II BBA, Mohamed Arshad II BBA, Arshak Mangalan III BSc Chemistry and Salmanal Faris I BA English members of College 4X100 M Relay team bagged bronze medal in the Calicut university Athletic championship held at Calicut University Stadium.



Mohammed Nishad KT I BSc Zoology, Shimsharul Haq C I BA Economics, Mohamed Irshad II BBA and Salmanal Faris I BA English members of College 4X400 M Relay team bagged bronze medal in the Calicut university Athletic championship held at Calicut university stadium.

Muhammed Arshad TT II BBA won the Silver medal in Decathlon, bronze medal in javelin throw and 4X100 M relay in 64th Dr. Tony Daniel memorial senior state Athletics Championship 2020-21 held at Calicut university stadium. He also won gold medal in javelin throw events in the Calicut university Athletic Championship.



Nourooz M I BA English represented junior Kerala in Soft tennis and took part in National Soft Tennis championship held at ICTA Infocity Nagar, Tennis Club Gandhinagar, Gujarat



Muhammed Irshad PK II BBA won the silver medal in 110 M Hurdles (under 20 Category) in 64th Dr Tony Daniel memorial senior state Athletics Championship 2020-21 held at Calicut University Stadium



Adil Muhammed P T III BA English represented Senior Kerala in Soft tennis and took part in National Soft Tennis Championship held at Gindun stadium, Rajbagh, Srinagar, J&K. He also won Bronze medal in Calicut university intercollegiate Individual soft tennis championship



Muhammed Niyas AP III BSc Zoology won the bronze medal in *Otta Red Veeshal* and *Koottachuvadukal* events in Calicut university intercollegiate Kalaripayattu championship held at NMSM College Kalpetta



Shrikanth L Sudhakaran III BSc Maths has won a Bronze medal in the Calicut university Karate championship held at Panampilly memorial Govt. College, Chalakkundy, plus 84 category



Mohamed Shahal T I BA English won Silver medal in the Calicut university taekwondo championship held at Calicut university indoor stadium, in under 87 category



Nivia PI BSc Zoology won silver medal in the Calicut university women Boxing Championship held at St. Thomas College Trissur, 69 kg category